

The Pennsylvania Veterinary Foundation proudly presents the 9th Annual

Bark in the Park

5K Run & 1-Mile Dog Walk

Sunday, October 28, 2018 | City Island | Harrisburg, PA

JOIN US

RUN | WALK | SPONSOR | DONATE | VOLUNTEER

HOW TO PARTICIPATE:

1. Register at BarkinthePark5K.org. It's fast and easy! You are also welcome to register by mail using the form on back or in person on race day.
2. Celebrate with us on event day! Participate in the events: 5K Race, 1-Mile Dog Walk and/or the Costume Contest. Enjoy a fun-filled morning honoring all the animals in our lives.

PRE-REGISTRATION:

- Adults: \$30 per person (ages 12+)
- Children: \$15 per child (ages 3-11)

Registration must be received by **October 8, 2018**, to be guaranteed a t-shirt!



Before October 19, 2018...

Participants can pre-register either online at BarkinthePark5K.org or by completing form with payment on the reverse. T-shirts can not be guaranteed after October 8, 2018.

At the Event on October 28, 2018...

Prices will increase by \$5.00 and t-shirts will not be guaranteed, but may be available on a first-come, first-serve basis.

HELP US RAISE MONEY:

When you register online, you will receive a confirmation email with instructions to help you collect pledges in honor of your dog, cat, or other favorite pet. Every dollar you raise goes directly to support **Pennsylvania Veterinary Foundation** and its community-based programs.



The top fundraiser will win a **FitBit Versa®** (retails \$199.95) and will be given the day of the race!



EVENTS: see official guidelines on reverse

5K Race – USATF Certified

If you and your dog are both able to comfortably go the distance, dogs are welcome to join their owners in the 5K race. The course begins and ends on City Island and includes Harrisburg's, Riverfront Park. **The course is USATF certified and will have bib-embedded chip timing with immediate race results.**

Race Prizes

Prizes will be awarded to top overall fastest male and female runners and the top three male and female runners in the following age groups:

11 and under	20-29	40-49	60-69
12-19	30-39	50-59	70 +

1-Mile Dog Walk

Registrants may choose to participate in the 1-Mile Walk and may bring their dog along for the fun.

Costume Contest and Parade

Have even more fun when you and/or your dog dress up in costume and participate in our costume parade! Prizes will be provided for all contest winners in these categories:

- Overall Best in Show
- 1st, 2nd, and 3rd Best Dressed Individual (human or dog)
- 1st, 2nd, and 3rd Best Dressed Duo (human/dog)
- 1st, 2nd, and 3rd Best Dressed Group humans/dogs)



SCHEDULE OF EVENTS

- | | |
|-----------------------|-------------------------|
| 7:30 am: Registration | 9:30 am: Costume Parade |
| 8:45 am: 5K Run | 10:00 am: Awards |
| 9:00 am: Dog Walk | |

REGISTRATION FORM

You can also register online at BarkinthePark5K.org or scan this code. One participant per registration form.



Name _____
Address _____
City _____ State _____ Zip _____
Cell Phone _____ Ok to receive texts on race day
Email (required) _____

Birthdate (required) Male Female Age on Race Day _____
Emergency Contact Name _____ Emergency Contact Phone Number _____
Parent/Guardian (if under 18) _____ Date _____

Adult:	BEFORE OCT. 19	AT THE EVENT ON OCT. 28
<input type="checkbox"/> 5K Run	\$30	\$35
<input type="checkbox"/> 1-Mile Dog Walk	\$30	\$35
Child (ages 3-11):		
<input type="checkbox"/> 5K Run	\$15	\$20
<input type="checkbox"/> 1-Mile Dog Walk	\$15	\$20
<input type="checkbox"/> I am unable to participate, but please accept my donation of \$ _____		

T-Shirt Size: **(GUARANTEED TO THOSE WHO PRE-REGISTER BY OCTOBER 8, 2018)**
 Adult S M L XL Other: _____ Child S M L

How did you hear about Bark in the Park?
 Facebook or Twitter Advertisement
 My pet's veterinarian Other _____

Teams If you're interested in signing up a team, please contact Jen Morris at jmorris@pavma.org.

Payment Method

Check Enclosed (made payable to PVF)
 Visa Mastercard American Express

Card Number _____
Expiration Date _____ Security Code _____
Name on Card _____
Address of Billing Statement _____
City _____ State _____ Zip _____
Signature _____

Please send completed registration form to:
Bark in the Park Fax: 717.220.1461
Attn: Megan Baylor Email: mbaylor@pavma.org
8574 Paxton Street
Hummelstown, PA 17036

EVENT GUIDELINES

- Water will be provided for both you and your dog along the course.
- Walk or run with only one dog per person.
- Run only if your dog (and you) can comfortably go the distance
- Use a 6-foot or shorter, non-retractable leash.
- Make sure your dog has current ID and rabies vaccination tags
- Bring bags and clean up after your dog.
- Bring dogs that are 6 months or older only. Unaltered dogs may attend if they have previously been in group settings with other dogs.

Waiver and Release

To participate you must sign the following waiver and release

By registering for the Pennsylvania Veterinary Foundation Bark in the Park, you agree to the following Waiver and Release:

I understand that participating in Pennsylvania Veterinary Foundation's (PVF) Bark in the Park involves risks to me and to my pet. I assume all risks associated with participating in this event. I agree not to participate unless my pet and I are physically able, properly conditioned, and my pet has a current rabies vaccination. I have read and will abide by the rules of this event and any decision of event officials.

I agree to a global and general release. I hereby waive, release and discharge and covenant not to sue the PVF, its directors, officers, employees and agents, the City of Harrisburg and County of Dauphin employees and agents, event officials, volunteers, and any sponsors, suppliers, independent contractors and all other individuals and entities in any way assisting or connected with this event from any and all claims, harm, and liability of whatever kind or nature whatsoever arising out of my participation in this event, even though those claims and liabilities may arise as a result of action or inaction by individuals or entities release by this Waiver and Release. I understand and agree that the Pennsylvania Veterinary Foundation does not insure against and accepts no responsibility for personal injury, property loss or damage, which I may sustain. I hereby agree and covenant for myself, my heirs, executors, administrators and anyone else who may claim on my behalf, not to sue.

I understand and agree to permit event officials to authorize emergency treatment for me or for my pet at my cost. Any decision to use emergency treatment shall be made in the sole discretion of the Pennsylvania Veterinary Foundation, its assign or agents, or the City of Harrisburg and the County of Dauphin.

I also understand and agree to permit the sponsors of this event to use, for publicity or promotional purposes, my name and pictures of me and/or my pet without liability or obligation to me.

Signature of participant _____ Date _____
Any entry from someone under 18 years of age will only be accepted with his or her signature **and** the signature of the individual's parent or legal guardian.

Signature of parent or legal guardian _____ Date _____
of participant under 18 years of age

One signature per registration form.

About the Pennsylvania Veterinary Foundation

Proceeds from this event benefit the Pennsylvania Veterinary Foundation which helps pay for veterinary care for animals in need in Pennsylvania through The Last Chance (TLC) program.

Every dollar we receive goes directly into operating our core programs that help feed and aid pets, and educate people of the Commonwealth. For more information, please visit PaVetFoundation.org.

